

Since 1943

8AM-8PM EVERYDAY

Niskayuna

Nott Street at Balltown Road
518-374-1362



Food Market

MEMBER OR NOT
SHOP **CO-OP**

Everyone Welcome!

BONELESS BEEF STRIP STEAK REG. 9.99 LB. SALE 5.49 LB. MEMBERS... **4.99** LB.

USDA CHOICE BEEF
• SHOULDER FOR LONDON BROIL REG. 4.49 LB. SALE 3.29 LB. MEMBERS... **2.79**
• SIRLOIN TIP ROAST LB. **3.29**
• SILVER SIRLOIN STEAK LB. **3.99**
• BEEF SHORT RIBS BONE-IN LB. **3.99**
COARSE GROUND BEEF FOR CHILI LB. **2.99**

FRESH 6-8 LB. AVG. WT. ROASTING CHICKEN REG. 1.49 LB. SALE 1.19 LB. MEMBERS... **89¢** LB.

PORK BUTT WHOLE BONE IN LB. REG. 2.19 LB. MEMBERS... **1.49**
PLUMROSE BACON 1 LB. PKG. LIMIT 4 LB. REG. 4.69 LB. MEMBERS... **2.49**
HEBREW NAT'L HOT DOGS 11-12 OZ. PKG. LB. REG. 4.99 LB. MEMBERS... **2.49**
CLAUSSEN PICKLES 20-32 OZ. JAR LB. REG. 3.49 LB. MEMBERS... **2.49**

READY TO EAT SHRIMP 6.99 LB. **FRESH SKINLESS HADDOCK** 5.99 LB.

BUCKLEY BEEF LOCALLY GROWN VALLEY FALLS, N.Y. U.S.D.A. CERTIFIED • PREMIUM, ALL NATURAL BEEF GRASS FED-BELTED GALLOWAY CATTLE NEVER GIVEN ANTIBIOTICS OR GROWTH HORMONES STEAKS-STEW MEAT OR GROUND-FROZEN GRASS FED BUCKLEY GROUND BEEF LB. REG. 8.99 LB. MEMBERS... **5.99**

CO-OP MEMBERS COUPON REWARDS

Receive up to **\$2 OFF PER MFG.** Coupon Redeemed One with each \$10 in purchases - **Save up to 20%** -Details and limits available at store-

BUSH'S 4 VARIETIES 16 OZ. CAN LIMIT 8 REG. 1.19 SALE 99 MEMBERS... **79¢**
FRANK'S ALL VARIETIES 12 OZ. BTL. LIMIT 8 REG. 2.89 SALE 1.99 MEMBERS... **1.79**
GRAINS FIRST OR CABARET 7-8.8 OZ. LIMIT 8 REG. 3.49 SALE 2.99 MEMBERS... **2.79**
DARE CRACKERS 8 REG. 2.99 SALE 2.19 MEMBERS... **2.19**

ALL VAR. 10 OZ. BAG - LIMIT 8 LESS THAN 1/2 PRICE! REG. 4.29 SALE 2.19 MEMBERS... **2/\$4**

CANADA DRY GINGER ALE 2 LTR. BTL. LIMIT 8 REG. 1.79 SALE 1.49 MEMBERS... **4/\$5**
COKE & SPRITE LIMIT 8 REG. 12.99 SALE 11.99 MEMBERS... **10.99**

BUD LIGHT PLATINUM - LIMIT 4 REG. 12.99 SALE 11.99 MEMBERS... **10.99**

CO-OP FULL SERVICE DELICATESSEN

RUSSER'S ITALIAN STYLE ROAST BEEF LB. **7.99**
SARA LEE • HONEY HAM LB. **5.99**
• HONEY ROASTED TURKEY BREAST LB. **6.99**
STATE NATIONAL PASTRAMI LB. **5.99**
LAND O' LAKES AMERICAN CHEESE LB. **4.99**
CARANDO SALAMI OR PEPPERONI LB. **4.99**

BEAUTIFUL PARTY PLATTERS FOR THE SUPER BOWL ORDER AT THE DELI COUNTER

CO-OP MADE MACARONI & CHEESE LB. **3.99**
CHAVRIE GOAT CHEESE 4 OZ. LOGS EA. **2.99**
SARA LEE PRESERVED DELI MEATS 10 OZ. PKG. EA. **4.99**
COOPER FARMS SMOKED TURKEY BREAST LB. **4.99**
RUSSER'S CANADIAN MAPLE BAKED HAM LB. **4.99**

FRESH FROM OUR CO-OP BAKERY

2 COUNT PACKAGE
APPLE TURNOVERS **1.49**
N.Y. ORIGINAL MINI 8 OZ. PKG. **2.49**
BLACK & WHITE COOKIES **2.49**
ECCE PANIS 16 OZ. LOAF **2.49**
SEMOLINA BREAD **2.49**

BE A CO-OP MEMBER ~ INVEST ONLY \$5.00
YOU'LL BE PART OWNER OF YOUR OWN SUPERMARKET.
GREAT MEMBER BENEFITS - SEE CASHIERS.
YOUR OWN COMMUNITY FOOD MARKET SINCE 1943.

LARGE 40 OZ. SQUEEZE BTL. REG. 2.89 SALE 1.99 MEMBERS... **1.79**
HEINZ KETCHUP - LIMIT 8 REG. 1.79 SALE 1.39 MEMBERS... **4/\$5**
BUMBLE BEE 5 OZ. CAN - LIMIT 8 REG. 1.79 SALE 1.39 MEMBERS... **4/\$5**
SOLID WHITE TUNA REG. 1.99 SALE 1.19 MEMBERS... **99¢**

ITALIAN PEELED 28 OZ. CAN - LIMIT 12 GROWN IN SAN MARZANO ITALY CORA TOMATOES REG. 1.99 SALE 1.19 MEMBERS... **99¢**

MULTI GRAIN W/FLAX & SOY 16 OZ. BOX REG. 2.99 SALE 2.29 MEMBERS... **2/\$4**
HODGSON MILLS CEREAL LIMIT 8 REG. 2.79 SALE 2.29 MEMBERS... **2/\$4**

BEST YET 20 OZ. BOX RAISIN BRAN CEREAL - LIMIT 8 REG. 4.99 SALE 3.29 MEMBERS... **2.99**

REG OR DECAF 10.5-11.5 OZ. CAN MAXWELL HOUSE COFFEE - LIMIT 8 REG. 4.99 SALE 3.29 MEMBERS... **2.99**

KNIGHT ORCHARD GALA APPLES 3 LB. BAG LIMIT 6 REG. 2.49 SALE 2.19 MEMBERS... **1.99**

U.S. #1 1 LB. BAG - LIMIT 6 MINI CARROTS REG. 1.49 SALE 1.29 MEMBERS... **99¢**

VINE RIPE TOMATOES 1.49 LB.
ROMAINE 3 CT. PKG. 2.49
• HEARTS 2.49

GREEN PEPPERS 99¢ LB.
WHOLE 10 OZ. PKG. 1.79
• MUSHROOMS 1.79

HASS AVOCADOS 99¢ EA.

RED PEPPERS 1.49 LB.

10 VAR. HOME MENU 22 OZ. BAG P.F. CHANG MEALS - LIMIT 8 REG. 9.99 SALE 7.49 MEMBERS... **6.99**

TGI FRIDAY'S APPETIZERS 7-14 OZ. LIMIT 12 REG. 3.99 SALE 2.99 MEMBERS... **2/\$5**
TOTINO PIZZA ROLLS 14-20 OZ. LIMIT 8 REG. 3.99 SALE 2.99 MEMBERS... **2/\$5**

ICE CREAM SANDWICH, TRUFFLE BARS OR CONES SKINNY COW - LIMIT 8 REG. 4.99 SALE 4.39 MEMBERS... **3.99**

BYRNE ICE CREAM 1/2 GALLON LIMIT 8 REG. 3.99 MEMBERS... **2.99**
DIGIORNO PIZZAS 29-33 OZ. PKG. **5.99**
LING LING POT STICKERS 24 OZ. PKG. **4.99**
CELENTANO ITALIAN MEATBALLS 28 OZ. **3.99**

REG OR UNSALTED 1 LB. QTRS. - LIMIT 6 LAND O' LAKES BUTTER REG. 4.89 SALE 3.99 MEMBERS... **3.49**

CABOT OF VT. • CHEESE 8 OZ. BAR LIMIT 6 REG. 2.69 MEMBERS... **1.99**
• SHREDDED CHEESES 8 OZ. BAG LIMIT 6 REG. 2.89 MEMBERS... **1.99**
DANNON 4 PACK 16 OZ. PKG. REG. 2.79 SALE 2.19 MEMBERS... **1.99**
ACTIVIA YOGURT - LIMIT 6 REG. 2.89 SALE 2.39 MEMBERS... **1.99**
HOOD ALL VAR. 16 OZ. CTN. REG. 2.89 SALE 2.39 MEMBERS... **1.99**
COTTAGE CHEESE - LIMIT 6 REG. 2.89 SALE 2.39 MEMBERS... **1.99**

TROPICANA PURE PREMIUM 59 OZ. CTN. LIMIT 6 REG. 3.79 SALE 2.59 MEMBERS... **2.29**

HOOD HALF & HALF 1 PINT LIMIT 6 REG. 2.99 MEMBERS... **1.99**

MOHAWK DAIRY MILKS SKIM, 1% OR 2% 1 GAL JUG LIMIT 4 REG. 4.39 SALE 3.99 MEMBERS... **3.39**
12 GAL CTN. LIMIT 6 REG. 2.19 SALE 1.99 MEMBERS... **1.69**